

No.13/2/2013-14-CCSCSB
Government of India
Ministry of Personnel Public Grievances and Pensions
Department of Personnel & Training
CENTRAL CIVIL SERVICES CULTURAL & SPORTS BOARD

Room No.361, B Wing, 3rd Floor
Lok Nayak Bhavan, New Delhi.

13-01-2014

CIRCULAR

Sub:-Inter-Ministry Power lifting & Bench Press Championship 2013-14.

The inter Ministry Power lifting Bench Press Championship 2013-14, will be held on 6th & 7th February, 2014 at Netaji Nagar Community Centre, Grih Klyan Kendra, New Delhi.

2. the entry for the Inter-Ministry Power Lifting Championship 2013-14 should be sent in the prescribe Performa, already circulated duly signed by the Welfare Officer concerned to the Central Civil Services Cultural & Sports Board, Department of personnel & training, Room No. 361, B Wing, Lok Nayak Bhawan, Khan Market, New Delhi 110 003. The dependents children of Central Government Employees can also participate in the Inter Colony Power Lifting Championship which will be held with the Inter Ministry Power Lifting Championship, 2013-14

3. The Championship will be held in the following Body Weight categories

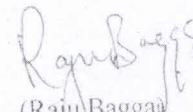
55 Kg, 56 Kg, 60 Kg, 67 Kg, 75 Kg, 82.5 Kg, 90 Kg, 100 Kg, 110 Kg, 125 Kg, +125 Kg

4. The entry fee is Rs.50/- per individual per event. Not more than 3 participants should be sent for each weight categories. No competition will be held in a weight category where the numbers of entries are less than 5.

5. The competitor may please be directed to report the Convener, Power lifting at 9 a.m. on 6th ~~February~~ 2014 at Netaji Nagar Community Centre, Grih Klyan Kendra, New Delhi for weighing and Medical Check-up and competition.

6. The Championship will be conducted as per the rules of Indian Power lifting Association. All the participants are requested to precede their identity cards as and when asked for to ensure that only bonafide Government employees take part in the Competition.

7. The rules and regulations governing the eligibility condition for participation etc. in the Inter-Ministry Championship have already been circulated to all Ministries.


(Raju Bagga)
SO (CCSCSB)

To:

1. All Welfare Officers in the Ministries/Departments
2. Notice Boards
4. Convener(9868148206). Power lifting