



**केन्द्रीय सिविल सेवा साँस्कृतिक एवं क्रीड़ा बोर्ड**  
**Central Civil Services Cultural & Sports Board**

(Registration No. 2621)

Department of Personnel & Training  
 Ministry of Personnel, Public Grievances and Pensions  
 Government of India

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 Lok Nayak Bhawan  
 New Delhi - 110 003

F.No. 20/1/2025-26/CCSCSB

Date: 07.01.2026

**CIRCULAR**

**Subject: All India Civil Services Best Physique (Men) Tournament 2025-26**

Central Civil Services Cultural & Sports Board (CCSCSB), Department of Personnel & Training, Govt. of India in collaboration with Government of NCT of Delhi is organising All India Civil Services Best Physique (Men) Tournament 2025-26. The details of the Tournaments are as under:-

| Dates                          | Last Date of Entry* | Team Composition |           | Game Venues                         | Game In-charge                       |
|--------------------------------|---------------------|------------------|-----------|-------------------------------------|--------------------------------------|
| 17.02.2026<br>To<br>19.02.2026 | 10.02.2026          | Men              | 14        | Thyagraj Stadium, INA,<br>New Delhi | Sh. Jagat Kumar                      |
|                                |                     | Coach            | 01        |                                     | Mob: 9873785157                      |
|                                |                     | Manager          | 01        |                                     | &                                    |
|                                |                     | <b>Total</b>     | <b>16</b> |                                     | Sh. Vaibhav Tyagi<br>Mob: 7060502837 |

\*However, last date of accepting entry form is the discretion of the hosting State/UTs/RSBs

2. **The Championship will be held in the following weight categories:**

|      |      |      |      |      |      |      |      |       |        |                                                         |
|------|------|------|------|------|------|------|------|-------|--------|---------------------------------------------------------|
| 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 100kg | +100kg | <b>Open Master Category</b><br><b>Age (40+ and 50+)</b> |
|------|------|------|------|------|------|------|------|-------|--------|---------------------------------------------------------|

*In the AICS Best Physique Tournament 12 participants are allowed in the 10 weight categories and two participants are also allowed in open Master category in AICS Best Physique Tournament. However, not more than two body builders are allowed in one weight category.*

3. Managers' meeting will be held on **17.02.2026** at the venue. The March Past of the teams will take place on the Morning of **17.02.2026**. All teams are instructed to report at Thyagraj Stadium, INA, New Delhi for participation in the March Past.

4. The States/UTs/Regional Sports Boards are requested to consider sending their team for the above All India Civil Services Tournaments.

5. It may be ensured that the entries are submitted within prescribed time limits, teams are requested to make their own arrangements for accommodation and transportation.

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6. List of players along with photocopy of their Identity Card should be authenticated by the authorized officer under his signature & seal. All the participants shall carry individual Identity Card/Identity Slip/ Age Proof for verification of eligibility criteria by the Organizing Committee/Representatives of the Board at the venue of the All India Civil Services Tournament.

8. Addresses, Telephone Numbers, E-mail Addresses may be indicated by the participating States/UTs/RSB's.

9. Every participating team may bring two flags representing their State/UT/Regional Sports Board with them.

10. It should be ensured that every member of the team reports at the venue and participates in the tournament as scheduled. Failure to do so shall be treated as an act of indiscipline. All the participants shall maintain strict discipline on and off the venue of the tournament. Any act of indiscipline/misbehaviour/misconduct will attract the provision of CCS (Conduct) Rules since Government Employees are treated 'ON DUTY' during All India Civil Services Tournament.

11. The following categories of employees are **ELIGIBLE** for participation in AICS Tournaments:-

**Eligible Categories:**

- (a) Civilian employees of the Central Government coming under the definition of Central Government Employees (Paid from Consolidated Fund of India and contributing to General Provident Fund/New Pension Scheme).
- (b) Civilians in the Armed Forces Headquarters.
- (c) Civilian Personnel working in the Office of the Police Organizations, Headquarters of I.G. of Police in State subject to the conditions that they are not eligible to participate in the Police Meets.
- (d) Regular State Government Employees serving in the State Government Department but not from any semi-Government Autonomous bodies/ State Public Undertakings or similar Offices.
- (e) RSB's team may include the Central Government employees working under their Jurisdiction.
- (f) Persons employed as Sports Officers/Instructors (Sports) in offices/educational institutions/physical training institutions

12. The following categories of employees are **NOT ELIGIBLE** for participation in AICS Tournaments:-

**Non Eligible Categories:**

- i. Uniform personnel in Defence Services/Para Military Organizations/Central Police Organization/Police/RPF/CISF/ITBP/NSG etc.
- ii. Employees of Autonomous bodies/undertaking/Public Sector Banks even though administratively controlled by the Central Ministries.
- iii. Casual/Daily wages workers.
- iv. Employees attached to offices on temporary duty.
- v. A newly recruited employee who has put less than 6 months in regular establishment/service.

13. Any information regarding change in dates/venue/cancellation etc. about the AICS tournament will be available on our website i.e. <https://doptcirculars.nic.in/Default.aspx?URL=fOuBbvirXfm4%20> All the participant teams

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are, therefore, requested to check from organizers of the tournament about any possible change before starting their journey.

14. Referees'/Umpires' decision shall be final and binding on the competing teams.

15. The entries in the prescribed proforma enclosed at Annexure (duly filled) may be sent either on email [delhicivilservices26@gmail.com](mailto:delhicivilservices26@gmail.com) or physical mode at the office of Shri S. Sunil, Deputy Director of Education (Sports), Govt. of National Capital Territory Delhi, Directorate of Education, Sports Branch, Chhatrasal Stadium, Model Town, Delhi-110009 along with photocopy of ID card before the last date.

16. The following Nodal Officers of the hosting state/UT/RSB may be contacted in case of any other query:-

| S.No. | Name              | Contact information |
|-------|-------------------|---------------------|
| 1.    | Sh. Jagat Kumar   | Mob. - 9873785157   |
| 2.    | Sh. Vaibhav Tyagi | Mob:- 7060502837    |

17. **Shri Rajesh Kumar - Convener (Best Physique, CCSCSB) - Mob. 9891939661** - may be contacted for sports, rules regarding queries.

18. The Participants must ensure that he/she is physically fit to engage in the specified sports activities. In the event of any unfortunate accidents or incidents occurring during the course of the events, the CCSCSB/Hosting State/UT/RSB will not be held responsible or liable in any manner.

Yours faithfully,



(Satyendra Singh)  
Secretary, CCSCSB

**Copy to: Hosting State/UTs:**

Deputy Director of Education (Sports), Govt. of National Capital Territory Delhi, Directorate of Education, Sports Branch, Chhatrasal Stadium, Model Town, Delhi-110009

**Copy also to (through DoPT's website) :**

1. The Chief Secretaries of all States/ UTS and,
2. Secretary, General Administration Departments of all States/UTs
3. Secretary of all Regional Sports Boards.
4. Director of Sports & Youth Services of all States/UTs.

**ALL INDIA CIVIL SERVICES BEST PHYSIQUE (MEN) TOURNAMENT 2025-26****ENTRY FORM**

Name of State/UT/RSB: \_\_\_\_\_

| S.No | Name of Player | Ministry /Department | Date of Birth | Identity Card No.<br>(also enclose a photocopy) |
|------|----------------|----------------------|---------------|-------------------------------------------------|
| 1.   |                |                      |               |                                                 |
| 2.   |                |                      |               |                                                 |
| 3.   |                |                      |               |                                                 |
| 4.   |                |                      |               |                                                 |
| 5.   |                |                      |               |                                                 |
| 6.   |                |                      |               |                                                 |
| 7.   |                |                      |               |                                                 |
| 8.   |                |                      |               |                                                 |
| 9.   |                |                      |               |                                                 |
| 10.  |                |                      |               |                                                 |
| 11.  |                |                      |               |                                                 |
| 12.  |                |                      |               |                                                 |
| 13.  |                |                      |               |                                                 |
| 14.  |                |                      |               |                                                 |

**Details of Manager & Coach :**

| Details              | Manager | Coach |
|----------------------|---------|-------|
| Name and Designation |         |       |
| Office Address       |         |       |
| Contact No.          |         |       |

Signature of Competent approval authority .....

Name: .....

(Rubber Stamp)

Designation: .....

State/ Board : .....

Full address : .....

### VERIFICATION CERTIFICATE

The State Government/R.S.B. intends to enter a team for the All India Civil Service Tournament/Competition. Consequently, I submit the entry form duly completed. I hereby undertake on behalf of the State Govt./RSBs to abide by the rules and instructions of the Tournament/Competition.

I certify that the players mentioned in this form who will participate in the All India Civil Services Tournament/Competition are employees of the State Government/Central Government. No member of the team is a casual/daily wage employees. All the players are eligible to participate in the Tournament/Competition as per eligibility criteria laid down by the Board. In case if it is found that any member of the team is not eligible and is included in the team, the team will be automatically disqualified from the Tournament/Competition without any notice.

I also undertake the responsibility to ensure that this State's/RSB's team after being entered in the Tournament/Competition will participate in the Tournament/Competition and at any stage would not refuse to participate or withdraw from the Tournament/Competition without prior approval of the Board.

Signature of Competent approval authority .....

Name: .....

(Rubber Stamp)

Designation: .....

State/Board : .....

Full address : .....

**Note:-**

(a) The participants are required to produce their office identity cards at the venue. Therefore they shall bring their Identity Cards with them. Where the system of Identity Card is not in force, the participants can produce their photographs duly authenticated by their offices.

(b) This proforma will be used for all the AICS Tournaments/Competition and will be furnished to the Organising Secretary with an endorsement to the Board's office at least 10 days before the commencement of the Tournament/Competition duly signed by an officer not below the rank of Under Secretary concerned of the State and by the Secretary or President of Regional Sports Board.