



केन्द्रीय सिविल सेवा साँस्कृतिक एवं क्रीड़ा बोर्ड
Central Civil Services Cultural & Sports Board

Department of Personnel & Training
Ministry of Personnel, Public Grievances and Pensions
Government of India

(Registration No. 2621)

Phone: 011-24624204

Fax: 011-24646961

361, B-Wing, 3rd Floor
Lok Nayak Bhawan
New Delhi - 110 003

F.No.18/01/2025-26 /CCSCSB

Date : 18.08.2025

CORRIGENDUM

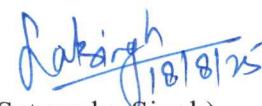
Subject :- Rescheduling and Change in Weight categories of Inter-Ministry Weightlifting, Power Lifting & Bench Press Tournament 2025-26- reg.

Reference is invited to CCSCSB's Circular of even number dated 30.07.2025 (copy enclosed) regarding the above-mentioned subject. It is hereby informed that the above mentioned tournament, which was earlier scheduled to be held from **01.12.2025 to 04.12.2025**, will now be conducted from **08.12.2025 to 11.12.2025**.

2. Also, it is to inform that as per the International Weightlifting Federation (IWF) Guidelines, the standard weight categories have been revised. In this view, the Tournament will now be held in the following revised weight categories:

Bench Press (Power lifting) Men	Bench Press (Power lifting) Women	Weight Lifting Men	Weight Lifting Women
59kg	47kg	60kg	48kg
66kg	52kg	65kg	53kg
74kg	57kg	71kg	58kg
83kg	63kg	79kg	63kg
93kg	69kg	88kg	69kg
105kg	76kg	94kg	77kg
120kg	84kg	110kg	86kg
+120kg	+84kg	+110kg	+86kg

3. All other information remains unchanged.


(Satyendra Singh)
Secretary CCSCSB

To,

1. All Welfare Officers in the Ministries/Departments
2. Shri Rattan Singh Rana, Convenor -CCSCSB (Mobile –9990432414)