



केन्द्रीय सिविल सेवा साँस्कृतिक एवं क्रीड़ा बोर्ड

Central Civil Services Cultural & Sports Board

(Registration No. 2621)

Department of Personnel & Training

Ministry of Personnel, Public Grievances and Pensions

Government of India

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Lok Nayak Bhawan

New Delhi - 110 003

No.125/1/2023-24-CCSCSB

Date: 06-10-2025

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CIRCULAR

Sub: Scheme for promotion of Adventure Sports and Similar Activities amongst Central Government Civil Employees Programmes to be organised by Youth Hostels Association of India for the month of October & November 2025.

The undersigned is directed to refer to the Department of Personnel & Training Office Memorandum No. 125/1/2015-16/CCSCSB dated 04.12.2015 regarding the Scheme for Promotion of Adventure Sports and Similar Activities amongst Central Government Employees and to inform that the Youth Hostels Association of India (YHAI - Delhi State Branch) has offered two programmes exclusively for Central Government Civil Employees. Each programme will be limited to the first 25 participants, selected on a first-come, first-served basis.

2. The Programme details are as under:

I) First Programme:- Individual Adventure cum Training Camp Gangotri Uttarkashi 2025 (30th October to 3rd November)

(This programme is for Central Govt. Civil Employees only)

- Duration: 5 Days /4 Nights
- Organized by: Youth Hostels Association of India – Delhi State Branch
- Price per person: ₹15,500/-
- Reporting Point: Rishikesh, ISBT
- Date: 30th October 2025 to 03rd November 2025

Detailed Itinerary

Day 1: Reporting at Rishikesh ISBT and journey to Uttarkashi

Participants will assemble at Rishikesh **ISBT** by 08.00 AM, where they'll meet the group leader start their journey to Uttarkashi. The journey to Uttarkashi marks the beginning of an unforgettable Himalayan adventure, traversing the foothills of Uttarakhand under the starlit sky. After a refreshing halt for breakfast en route, the group will drive through **Chamba and Dharasu**, enjoying panoramic views of **Tehri Lake**, a massive reservoir formed by the Tehri Dam. By afternoon, participants will check into a hotel in **Uttarkashi**, a spiritual town nestled on the banks of the Bhagirathi River. Known as the "Kashi of the North," Uttarkashi is revered for its temples and as a gateway to the Char Dham. After orientation session, participants will explore the **Kashi Vishwanath Temple**, an ancient shrine dedicated to Lord Shiva, believed to be as sacred as its namesake in Varanasi. Night stay at Uttarkashi.

Day 2: Local Exploration

We will visit to the **Nehru Institute of Mountaineering (NIM)**—India's premier mountaineering school, and other local sightseeing.

Day 3: Uttarkashi → Gartang Gali Trek→ Gangotri

After an early breakfast, the group will drive to **Lanka Bridge**, the starting point of the **Gartang Gali trek**. This 2.5 km moderate trail leads to a historic wooden stairway bridge, once a vital link on the **Indo-**

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Tibetan Silk Route, Gartang Gali clings dramatically to a cliff face at 11,000 feet, offering breathtaking views of the **Nelong Valley** and **Bhagirathi Gorge**. A peaceful riverside walk along the **Bhagirathi River** rounds off the day.

Day 4: Gangotri Exploration and move to Uttarkashi

The day begins at dawn with a drive to **Gangotri**, one of the four sacred Char Dham pilgrimage sites. Located at 3,100 meters, **Gangotri Temple** marks the origin of the holy **Ganges River**, where Goddess Ganga is believed to have descended to Earth through Lord Shiva's. Participants will also visit **Bhagirath Shila**, where King Bhagirath meditated to bring Ganga to Earth, **Pandava Gufa**, linked to the Mahabharata, **Surya Kund** and **Museum (Art Gallery)**. The spiritual energy of Gangotri is palpable, making this a deeply moving experience. After Lunch move to Uttarkashi.

Day 5: Return to Rishikesh

After breakfast and check-out, the group embarks on the return journey to Delhi. The 7-8hours' drive offers time to reflect on the spiritual, cultural, and natural wonders experienced over the past days. Arrival in Rishikesh is expected between 04.00 pm -05.00 pm.

II) Second Programme: - INDIVIDUAL ADVENTURE CUM TRAINING CAMP UTTARAKHAND KUMAON 2025 (This programme is for Central Govt Civil Employees only)

Duration: 5 Days / 4 Nights

Price per person: ₹15,500/-

Date: 10th November 2025 to 14th November 2025

Organized by: Youth Hostels Association of India – Delhi State Branch

Reporting: Kathgodam Railway Station, Uttarakhand

Detailed Itinerary

Day 1: Reporting at Kathgodam Railway Station at 07.00 am, Kathgodam – Kaichi Dham – Jageshwar

Reporting at Kathgodam in the early hours, and prepare for a spiritually enriching day. First stop: the revered **Kaichi Dham**, a tranquil temple nestled in the hills, followed by visits to nearby sacred sites. After soaking in the peaceful vibes, continue your journey to **Jageshwar**, a mystical town surrounded by deodar forests and ancient stone temples. Spend the night in Jageshwar, embraced by the quietude of the Himalayas.

Day 2: Jageshwar – Patal Bhuwaneshwar

Begin your morning with a visit to the iconic **Jageshwar Dham Temple**, a complex of over 100 stone shrines dating back to the 9th century. After visiting the temple, embark on a scenic drive to **Patal Bhuwaneshwar**, a hidden gem known for its legendary limestone cave temple. Check into a cozy hotel near the cave and unwind for the night, surrounded by the mystique of ancient lore.

Day 3: Patal Bhuwaneshwar – Mukteshwar

After breakfast, explore the awe-inspiring **Patal Bhuwaneshwar Cave**, believed to be the abode of 33 crore Hindu deities. The cave's intricate formations and spiritual energy make it a truly unforgettable experience. Post exploration, head toward **Mukteshwar**, a charming hill town known for its panoramic views and peaceful ambiance. Enjoy a restful night at your camp or hotel in Mukteshwar.

Day 4: Outdoor Adventures in Mukteshwar

Wake up to crisp mountain air and a day full of adventure. Mukteshwar offers thrilling outdoor activities like **rope activities/nature walks/hiking etc.** Whether you're chasing adrenaline or simply soaking in the views of the snow-capped Himalayas, this day is all about embracing the wild beauty of Uttarakhand.

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Day 5: Return to Kathgodam Railway Station

With your heart full of memories and your spirit refreshed, begin your journey back to Kathgodam.

Inclusions:

- Transportation (Kathgodam–Jageshwar–Patal Bhuwaneshwar–Mukteshwar–Kathgodam) NON-AC Tempo Traveller or Jeep
- All Vegetarian meals (Breakfast, Lunch, Dinner)
- Accommodation in hotels, guesthouses/Home Stay, and camps on sharing basis, segregated by Gender (Male/Female)
- Temple visits

3. How to Join:

To confirm your participation, you can book the programme through website i.e. www.yhaindia.org deposit the fees in the below-mentioned bank account:

Account Name: Youth Hostels Association of India, Delhi State Branch

Bank: Canara Bank

Account No. 0157101030829

IFSC: CNRB0000157

Required Documents for booking

1. The application form attached to the circular must be duly filled.
2. Office Identity Card
3. Medical Certificate (Attached)

Offline Booking Process:

Members desirous of joining this programme may apply on the prescribed registration form duly supported by YHAI prescribed Medical Certificate along with NEFT acknowledgment of requisite amount Rs. 15,500/-.

Note; * **Booking is based on a first-come, first-served basis. Therefore, it is advisable to contact YHAI before making any payment to confirm the availability of your seat**

- **Maximum Group Size** is 25 persons on first come first serve basis.
- **Includes:**
- **Transportation:** Tempo Traveller or Jeep
- **Accommodation:** Shared basis, segregated by gender (Male/Female)
- **Meals:** Vegetarian meals (Breakfast, Lunch & Dinner)
- **Group Insurance:** Coverage for all participants under group travel insurance

If you have any queries please contact the following members:

1. Shri Jyoti Kumar Srivastava, Chairman, YHAI Delhi State Branch- Tel No. 9818097600
2. Shri Khushal Singh Rawat, APC Chairman, YHAI Delhi State Branch, Tel No. 9868577585
3. Shri Rakesh Tiwari, Trekking Officer, YHAI Delhi State Branch, Tel. No. 8745036589

4. Financial Assistance Under the scheme as follows:

4.1) Financial assistance will be in the form of reimbursement of **Travel Expenses, programme fee and Hiring Charges of the equipment** as per the terms and conditions specified in paragraph 5.2 to 5.4 and with a maximum ceiling of Rs.20,000/- (Rs. Twenty thousand only) per person per camp. The assistance will be limited to one activity in a block period of two year. Financial Assistance of 100% of programme fee would be provided in a calendar year to two officials of each Ministries/Departments who have been awarded by the Ministry/Department for excellence in service and nominated for the programme.

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4.2) **Travel Expenses :** To and fro travel expenses as per the entitlements under Leave Travel Concessions Rules with a maximum ceiling of Rs. 4,000/-

4.3) **Re-reimbursement of Programme fee:**

- (a) 90% for Group 'C' Central Government Employee;
- (b) 80% for Group 'B' Central Government Employee; and
- (c) 75% for Group 'A' Central Government Employee.

4.4) **Equipment Hiring Charges:** Actual hiring charges if the necessary equipment are hired from any Government agency with adequate proof subject to maximum of Rs. 2,000/-.

5. Special Casual Leave will be granted to eligible participants in accordance with Department of Personnel & Training Office Memorandum No. 6/1/1985-Estt. (Pay-I) dated 16th July, 1985 and No. 6/1/85-Estt(Pay-1) dated 7th November, 1988.

6. The interested and eligible Central Government Civil Employees may submit his/her application directly to YHAI and a copy of the same may be endorsed to Secretary, CCSCSB, Room No-361-B wing. Lok Nayak Bhawan, Khan Market, New Delhi 110003 or email to **ccscsb.adventure.sports@gmail.com** and Advance payment for the programme has to be paid directly to the organiser and reimbursement as admissible will be made after successful completion of programme. On completion of said activity, applicant may submit expenditure details (fee receipt & Tickets in original) along with Aadhar Number and Bank Details (Name of Bank, Account Number, IFSC Code and Branch Code) for smooth reimbursement of claim.

7. It is mandatory to submit duly filled check-list along with proforma (Annexed herewith).

8. It is hereby submitted that participants will join the above programme voluntarily and Govt. of India/ CCSCSB will not be responsible for any untoward incident.


(Satyendra Singh)
Secretary (CCSCSB)

To,

- 1. Director/Deputy Secretary (Administration) of all Ministries/Department.
- 2. Copy to: YHAI -Delhi State Branch, Chanakyapuri, DELHI 110021

MANDATORY CHECKLIST

Sr. No.	ITEM	Yes/No/Info	Page No.
1	Intimation given to CCSCSB		
2	Date and copy of circular under which programme covered		
3	Date of circular and serial number of programme in circular (attach a highlighted copy)		
4	Application form duly forwarded by Office		
5	Special Casual Leave sanction order		
6	Group ('A' 'B' or 'C')		
7	Amount of Course fee (enclosed copy/receipt) Amount		
8	Amount of Travel Expenses (ticket enclosed) Amount		
9	Details of Bank Account for reimbursement (Name of Bank, A/C number, IFSC Code)		
10	Copy of completion certificate		
11	Whether the Scheme of adventure sports is availed in the past, if yes, then mention the dates		
12	Mobile number and email ID.		
13	Copy of Aadhar Card		
14	Copy of Identity Card		

Note

All fields are mandatory. Unavailability of the same may delay settlement of reimbursement claim.

Scheme for Promotion of Adventure Sports & Similar Activities amongst
Central Government Employees

Application From

Name of Programme/Institute* _____

1. Name of Applicant* _____

2. Designation* _____

3. Ministry/Department* _____

4. Group of Services with level/Grade
Pay(revised)* _____

**Paste
recent
photograph**

5. Father's Name* _____

6. Date of Birth* _____

7. Address* _____

8. Telephone No. (Mobile)*1. _____ 2. _____

9. Landline no.* _____

10. Duration of Programme/Date* _____

11. Amount Claimed* _____

12. Bank Detail:

a) Applicant Name in Bank* _____

b) Bank Name* _____

c) Bank Account Number* _____

d) IFSC Code* _____

13. Next of kin to be informed in case of emergency* _____

***Mandatory field:**

I _____ Understand that the programme may involve serious risk to me. I am undertaking the programme at my own violation cost, risk and consequence

14. I hereby undertake that I will not hold responsible Central Civil Services Culture & Sports Board/ Government of India for any untoward incident/ mis happening.

Date:

Place:

(Signature of Applicant)

Name in Block Letters _____

Ministry/Department _____

This is to certify that the applicant is a Central Government Employees working in the main Ministry/ Department and information given above is correct. The applicant is medically fit for the adventure activities opted by him/her.

(Welfare Officer)

REQUIRED DOCUMENTS FOR ADVENTURE SPORTS
REIMBURSEMENT

1. Application form forwarded by Welfare Officer
2. Special Casual leave order
3. Programme fee Receipt
4. Original Travel Ticket/ Boarding Pass
5. YHAI Admit Card
6. Completion Certificate
7. Your Programme Circular Copy
8. Copy of Aadhar Card
9. Copy of Office Identity Card
10. Bank Details (Cancel Cheque/Photocopy of passbook)