



केन्द्रीय सिविल सेवा साँस्कृतिक एवं क्रीड़ा बोर्ड  
**Central Civil Services Cultural & Sports Board**

(Registration No. 2621)

Department of Personnel & Training  
Ministry of Personnel, Public Grievances and Pensions  
Government of India

Phone: 011-24624204

Fax: 011-24646961

361, B-Wing, 3rd Floor  
Lok Nayak Bhawan  
New Delhi - 110 003

F.No.125/1/2023-24-CCSCSB

Date: 01-12-2025

**CIRCULAR**

**Sub: Scheme for promotion of Adventure Sports and Similar Activities amongst Central Government Civil Employees Programmes to be organised by Youth Hostels Association of India & NIMAS for the month of December, January & February 2025-2026.**

The undersigned is directed to refer to the Department of Personnel & Training Office Memorandum No. 125/1/2015-16/CCSCSB dated 04.12.2015 regarding the SCHEME FOR PROMOTION OF ADVENTURE SPORTS AND SIMILAR ACTIVITIES AMONGST CENTRAL GOVERNMENT EMPLOYEES and to inform that the **Youth Hostels Association of India** has offered three programmes and **NIMAS** has offered one programme exclusively for Central Government Civil Employees during the months of December, January and February 2025-2026. YHAI programmes will be limited to the first **25 participants** while the NIMAS programme will be limited to the first **40 participants**, selected on a FIRST-COME, FIRST-SERVED BASIS.

**2. The Programme details are as under:**

**First Programme:-**Mysore Exploration & Trekking cum Training Expedition- 25<sup>th</sup> December 2025

- (This programme is for Central Govt Civil Employees only)
- Programme Link: ( <https://www.yhaindia.org/program-details/1530001/mysore-exploration-and-trekking-cum-training-expedition-2025>)
- Nodal Officer : Ms. Mukul (9625351663, 01145999050)
- **Duration:** 5 Night /6 Days
- **Organized by:** Youth Hostels Association of India
- **Date:** 25th December 2025
- **Participation Fee:** Rs.7000
- **Base Camp:**International Youth Hostel, Mysore, Karnataka
- **Nearest Railway station/ Bus stand/Airport:** Mysore Junction Railway Station/ Bangalore Airport

**Detailed Itinerary**

- **Day 01:** Reporting at International Youth Hostel Mysore , orientation and Training,
- **Day 02:** Travel by vehicle from YHAI Mysore to Base Chamundi Hills & Trek hills through Steps climbing activity, Visit to Heritage City Marketing Place and Return to Youth Hostel.
- **Day 03:** Visit to Zoo, Mysore Palace, St. Philomena Church and Return to Youth Hostel
- **Day 04:** Water Sports Activities at Varuna Lake & Visiting Marketing Place for Shopping and return to Youth Hostel
- **Day 05:** Visit to Ranganathittu Birds Sanctuary, Brindavan Garden and return to youth hostel.
- **Day 06:** Group recreation, group photograph and certificate distribution. Check out after breakfast

**How to Join**

**A. Online Booking**

- Register on [www.yhaindia.org](http://www.yhaindia.org)
- Pay the program fee via UPI, Net Banking, Debit/Credit Card

## **B. Offline Booking**

Submit the following:

- Filled Trekking Registration Form
- Demand Draft in favour of Youth Hostels Association of India, payable at New Delhi

OR

- Pay through bank transfer: Bank: Punjab National Bank
- Account Name: Youth Hostels Association of India
- Account No.: 1736000100169954
- IFSC: PUNB0173600

## **Required Documents for booking**

- Office Identity Card
- Medical Certificate

Send documents via email to [trekking@yhaindia.org](mailto:trekking@yhaindia.org) or post to YHAI National Office, Chankyapuri, New Delhi 110021

**Note: Booking is first-come, first-served. Confirm seat availability with YHAI before payment.**

## **Cancellation Policy**

- Online bookings: Cancel online at least 10 days before the reporting date.
- Offline bookings: Email cancellation to [trekking@yhaindia.org](mailto:trekking@yhaindia.org) at least 10 days before reporting.
- The Participant, who cancels the programme by serving request minimum 10 days prior to his/her reporting date as per above terms and conditions of Cancellation Method, is eligible to get the credit shell or refund as follows:

### **(a) Credit Shell:-**

- In case you are unable to join the programme due to any reason, you will get a 100% Credit Shell of the participation fees which will be valid till December 2026.
- If the next programme opted by you is cheaper, you may use the balance amount in any of the Trek till Dec 2026.
- If the next opted programme is costlier, the trekker has to pay the differential amount.
- Program opted using the Credit Shell cannot be cancelled again.
- You may transfer your seat to your family members and friends also. The seats thus transferred cannot be retransferred or cancelled.
- The credit shell can only be used in booking of adventure programs organised by YHAI. The credit shell will not be used in taking memberships and hostel bookings.

OR

### **(b) Refund:-**

- Participants can opt for a 50% refund instead of 100% credit shell if they wish to. The conditions of "Cancellation Method" will be the same as mentioned above. The participant has to inform either offline or online minimum 10 days prior to his reporting date. If the request reaches short of 10 days prior to the reporting date the refund request shall not be considered.
- **Note:** If any program will be cancelled due to Natural Calamity / Government Restriction / Cancellation of Permission or any other reasons, YHAI will be accountable only for program fees and not other expenses which participants have made for joining the program. In these circumstances the decision for participation fees will be considered by the YHAI and will be bound to all.

3. **Second Programme:-** Auli snow Skiing cum Trekking Expedition- 7th February, 2025

- **Organized by:** Youth Hostels Association of India
- **Programme Link** (<https://www.yhaindia.org/program-details/1050002/national-snow-skiing-cum-trekking-training-program-auli-2026>)
- **Nodal Officer:** Ms. Mukul (9625351663, 01145999050)
- **Reporting:** Hotel Rocks and Pine (Auli, Uttarakhand)
- **DATE:** 7 FEB 2026
- **PARTICIPATION FEE:** ₹15,000
- **BASE CAMP:** AULI, UTTARAKHAND
- **Nearest Railway station/ Bus stand/Airport:** Rishikesh Haridwar / Dehradun Airport

**Detailed Itinerary**

- **Day 1: Reporting at Auli in Hotel Rocks and Pine**

Reporting and registration

- **Day 2: Skiing Introduction & Balancing on skis**

After an early breakfast, YHAI will introduce you to our skiing instructors and skiing equipment. In the learning process you get to learn the basics of skiing, the instructor ensures that all the necessary actions regarding the safety and precautions of the participant are taken. On this day, you will learn Walking & balancing on skis. Side step on snow with skis etc.

- **Day 3: Positioning, Fall & Recover, Snow Plough Techniques**

After breakfast, YHAI proceed with skiing course. On this day you will learn snow plough position and falling techniques including crash landing at slopes. Together we explore the surroundings in the evening. And then at the end of the day, enjoy dinner and overnight stay at the hotel.

- **Day 4: Snow plough, Breaks and Turns**

On this day you will learn snow plough position going down and turns, on a gentle slope. Perfect your snow plough turns & breaking. Usually taught to beginner, the snow plough turns is a breaking and turning skiing technique. In the evening we will go to one small snow trek. And then at the end of the day, enjoy dinner and overnight stay at the hotel.

- **Day 5: Fun Skiing on Advance**

On this day of skiing course, you will be taken to an advanced slope, which will be much longer than the previous ones that will give you distance and time to gain a lot of speed while sliding on it. After completion, you will be honoured with a certificate.

- **Day 6: Check out After Breakfast**

**Note:** Route and Schedule of the programme may change without prior notice based on the local administration and weather conditions. And in case of insufficient snow during the program, some alternative activity like trekking etc. will be arranged

## How to Join

### A. Online Booking

- Register on [www.yhaindia.org](http://www.yhaindia.org)
- Pay the program fee via UPI, Net Banking, Debit/Credit Card

### B. Offline Booking

- Submit the following:
- Filled Trekking Registration Form
- Demand Draft in favour of Youth Hostels Association of India, payable at New Delhi

OR

- Pay through bank transfer: Bank: Punjab National Bank
- Account Name: Youth Hostels Association of India
- Account No.: 1736000100169954
- IFSC: PUNB0173600

### Required Documents for booking

- Office Identity Card
- Medical Certificate

Send documents via email to [trekking@yhaindia.org](mailto:trekking@yhaindia.org) or post to YHAI National Office.

**Note: Booking is first-come, first-served. Confirm seat availability with YHAI before payment.**

### Cancellation Policy

- Online bookings: Cancel online at least 10 days before the reporting date.
- Offline bookings: Email cancellation to [trekking@yhaindia.org](mailto:trekking@yhaindia.org) at least 10 days before reporting.
- The Participant, who cancels the programme by serving request minimum 10 days prior to his/her reporting date as per above terms and conditions of Cancellation Method, is eligible to get the credit shell or refund as follows:

#### (a) Credit Shell:-

- In case you are unable to join the programme due to any reason, you will get a 100% Credit Shell of the participation fees which will be valid till December 2026.
- If the next programme opted by you is cheaper, you may use the balance amount in any of the Trek till Dec 2026.
- If the next opted programme is costlier, the trekker has to pay the differential amount.
- Program opted using the Credit Shell cannot be cancelled again.
- You may transfer your seat to your family members and friends also. The seats thus transferred cannot be retransferred or cancelled.
- The credit shell can only be used in booking of adventure programs organised by YHAI. The credit shell will not be used in taking memberships and hostel bookings.

OR

#### (b) Refund:-

- Participants can opt for a 50% refund instead of 100% credit shell if they wish to. The conditions of "Cancellation Method" will be the same as mentioned above. The participant has to inform either offline or online minimum 10 days prior to his reporting date. If the request reaches short of 10 days prior to the reporting date the refund request shall not be considered.

- **Note:** If any program will be cancelled due to Natural Calamity / Government Restriction / Cancellation of Permission or any other reasons, YHAI will be accountable only for program fees and not other expenses which participants have made for joining the program. In these circumstances the decision for participation fees will be considered by the YHAI and will be bound to all.

#### 4. Third Programme: Jodhpur & Mt. Abu Adventure cum Training Programme-2026

- (This programme is for Central Govt Civil Employees only)
- **Duration:** 5 Days / 4 Nights
- **Price per person:** ₹15,000/-
- **Date:** 9th February 2026
- **Organized by:** Youth Hostels Association of India – Delhi State Branch
- **Reporting:** Jodhpur, Rajasthan (Hotel/Camp)
- **Programme end:** At Mt. Abu, Rajasthan (Hotel/Camp)

#### Detailed Itinerary

- **Day 1** - Arrival in Jodhpur: Reporting at Jodhpur (Hotel/Camp) after 11.00 AM. After lunch and briefing, visit the Umaid Bhawan Palace Museum, followed by exploration of the bustling Clock Tower and Sardar Market, which offer a glimpse into local life and handicrafts. Overnight stay will be at Jodhpur.
- **Day 2** Jodhpur Heritage Tour: After breakfast, embark on a heritage tour of Jodhpur. Begin with the majestic Mehrangarh Fort, one of the largest forts in India, housing a rich museum collection. Continue to Jaswant Thada, a beautiful marble cenotaph built in memory of Maharaja Jaswant Singh II. Later, visit Mandore Gardens, known for its historic temples, memorials, and lush greenery. Overnight stay will be at Jodhpur.
- **Day 3** Transfer from Jodhpur to Mount Abu: After breakfast and check-out, drive to Mount Abu, on arrival, check-in at the hotel and rest. In the evening, visit Nakki Lake for boating and enjoy the scenic surroundings, including the famous Toad Rock formation. Overnight stay will be at Mount Abu.
- **Day 4** - Mount Abu City Tour and trek to Sun Set Point: After breakfast, proceed for a full-day sightseeing tour of Mount Abu. Visit the renowned Dilwara Jain Temples, celebrated for their exquisite marble carvings. Continue to Peace Park, a serene retreat maintained by the Brahma Kumaris. Later, drive/Trek to Guru Shikhar Peak, the highest point of the Aravalli Range, offering panoramic views. In the evening, Trek to Sun set Point for spectacular view and explore the historic Achalgarh Fort. Overnight stay will be at Mount Abu.
- **Day 5** - Departure: After breakfast, check-out from the hotel/Camp.

#### How to Join:

To confirm your participation, you can book the programme thru website i.e. [www.yhaindia.org](http://www.yhaindia.org) deposit the fees in the below-mentioned bank account:

- Account Name: Youth Hostels Association of India, Delhi State Branch
- Bank: Canara Bank
- Account No. 0157101030829
- IFSC: CNRB0000157

#### Required Documents for booking

- Office Identity Card
- Medical Certificate

### **Offline Booking Process:**

- Members desirous of joining this programme may apply on the prescribed registration form duly supported by YHAI prescribed Medical Certificate along with NEFT acknowledgment of requisite amount Rs. 15000/-.
- Booking is based on first come first serve
- Group Size: 25 persons on first come first serve basis.

### **Inclusions:**

Transportation (from Reporting point to Dispersal point), Accommodation (Hotels/Camp on sharing basis), Meals (Veg.) Monuments Entry Fees (mentioned in the itinerary) and Group Leader.

### **Exclusions:**

- Any Personal expenses.
- Any activities not mentioned in the itinerary.
- Camera/video charges at monuments, if applicable.
- Boating charges at Nakki Lake or anywhere.
- Travel expenses to/from reporting point at Jodhpur and return from Mount Abu.
- Anything not specifically mentioned under "Inclusions."

### **Nearest Railway Station/Airport:**

- Reporting at Jodhpur (Hotel/Camp) and Nearest railway station is Jodhpur Railway Station and Nearest airport is Jodhpur.
- Programme will end at Mt. Abu (Hotel/Camp) nearest railway station is Abu Road.

### **What to carry:**

- Clothes, Comfortable walking shoes, water bottle, cap, light woolens, Personal Medicines, Small Backpack/Daypack, sunglasses and other things you carry during travelling.

### **Cancellation Policy**

- In the event of cancellation, requests received 10 days or prior to the reporting date will be eligible for a refund of 50% of the programme fee. Cancellations made within 10 days of the reporting date will not be entitled to any refund.
- The decision of YHAI Delhi State Branch shall be final and binding in all matters relating to cancellations and refunds.

### **If you have any queries please contact the following members:**

- Shri Jyoti Kumar Srivastava, Chairman, YHAI Delhi State Branch- Tel No. 9818097600
- Shri Khushal Singh Rawat, APC Chairman, YHAI Delhi State Branch, Tel No. 9868577585
- Shri Rakesh Tiwari, Trekking Officer, YHAI Delhi State Branch, Tel. No. 8745036589

### **4. Fourth Programme: Special Adventure Course (Arunachal Pradesh)**

- **Organized by:** NIMAS
- **Dates:** 05 to 11 Jan 2026
- **Duration:** 07 days
- **Seats:** 40 (Minimum)
- **Nodal Officer:** Sh. Vijay ( 9774731855)
- **Course Fee:** ₹10,360 per trainee
- **Reporting:** 04 Jan 2026 by 1800hrs
- **Departure from NIMAS :** 11 Jan 2026 at 0700 hrs onwards

**Suggested list of items required to be carried by a trainee:-**

**Personal equipment:-**

- |                                        |               |
|----------------------------------------|---------------|
| • Light hat for trekking               | - One         |
| • Cap Balaclava (woolen)               | -One          |
| • Undergarment sets                    | -As required  |
| • Woolen Socks of good quality         | -Two Pair     |
| • Writing materials and ball point pen | - As required |
| • Toilet requisites                    | -As required  |
| • Woolen Gloves                        | -One pair     |
| • Warm shirt full sleeves and trouser  | - One Set     |
| • Woolen pullover full sleeves         | -One Set      |
| • Trekking Trousers                    | -As required  |
| • Compression T-Shirts (For Trekking)  | -As required  |
| • Woolen undershirt & pant             | -Two sets     |
| • Track Suit                           | -One          |
| • Tracking Shoe and PT Show            | -One Pair     |
| • Copy of Aadhar Card                  |               |
| • Two passport size photographs        |               |

Note: It is mandatory for the participants to carry their own Lunch Box and Water Bottle in order to maintain self hygiene

**Important Notes**

- Fee includes messing and accommodation during the entire course.
- Minimum strength of participants must not be less than 40 for smooth conduct of the course.

**Course Fee Payment**

- 100% advance payment is mandatory.
- Payment must be made via Bank Draft drawn on State Bank of India, Dirang, payable at Dirang.

**Bank Details:**

- Account Name: NIMAS SPL Course Fee Account
- Bank: State Bank of India, Dirang
- Account Number: 41525460581
- IFSC Code: SBIN0006010
- MICR: 784002519
- Branch Code: 60106

**Training Location.** NIMAS, Dirang (Arunachal Pradesh)

**How to Reach Dirang.**

The nearest Airport/Railway Station is Guwahati. From Guwahati (Paltan Bazar) daily Tata Sumo shared taxis run upto Dirang @ of Rs 1000/- per seat. The Guwahati-Dirang service is available only upto 0700h AM and distance 350 km is covered in 10 hours. Participant can book seat from Guwahati to Dirang through Jyoti Tours & Travels, Guwahati Mob No 8876954782, 8723864379 and 6001665509.

**Insurance Requirement**

- Adventure Insurance is mandatory for all trainees.

### Inner Line Permit (ILP)

- All trainees must obtain an Inner Line Permit (ILP) from the Govt. of Arunachal Pradesh website: <https://eilp.arunachal.gov.in>

### Required Documents for booking

- Office Identity Card
- Medical Certificate

### Contact Details

- For any clarification, contact Chief Instructor / Nodal Officer at 9774731655.
- It is also advisable to contact the Nodal Officer before making any booking.

### Nearest Railway Station/Airport: GUWAHATI

#### Detailed Itinerary

| Detailed Itinerary |       |             |                                         |
|--------------------|-------|-------------|-----------------------------------------|
| S.No               | DAY   | TIMING      | SUBJECT                                 |
| 1.                 | D Day | 1400h-1600h | Arrival at Nimas Campus, Dirang         |
| 2.                 | Day 1 | 0630h-0800h | Mandir Programme                        |
|                    |       | 1000h-1030h | Opening address                         |
|                    |       | 1045h-1145h | Intro to mountain equipments            |
|                    |       | 1145h-1245h | Knot and Hitches                        |
|                    |       | 1530h-1630h | Documentary of HST                      |
| 3.                 | Day 2 | 0630h-0800h | Physical Training                       |
|                    |       | 0900h-1230h | Artificial wall climbing                |
|                    |       | 1530h-1630h | Everest expedition film                 |
| 4.                 | Day 3 | 0630h-0830h | Trek to TDL Monastery and Back to NIMAS |
|                    |       | 0930h-1230h | Natural Rock Climbing and Rappelling    |
|                    |       | 1530h-1630h | Documentary of Brahmaputra              |

|    |       |               |                                               |
|----|-------|---------------|-----------------------------------------------|
|    |       | 0730h–1430h   | Trek to Hot Spring & Mountain stream crossing |
| 5. | Day 4 | 1630h–1730h   | Disaster relief in Nepal earthquake film      |
| 6. | Day 5 | 0630h–1230h   | Obstacle<br>Zipline                           |
|    |       | 0630h–0800h   | Yoga Parade                                   |
| 7. | Day 6 | 0900h–1230h   | Team wise tent pitching practice              |
| 8. | Day 7 | 0600h onwards | Dispersal                                     |

\* Booking is based on a first-come, first-served basis.

Therefore, it is advisable to contact YHAI before making any payment to confirm the availability of your seat

**5. Financial Assistance Under the scheme as follows:**

5.1 Financial assistance will be in the form of reimbursement of **Travel Expenses, programme fee and Hiring Charges of the equipments** as per the terms and conditions specified in paragraph 5.2 to 5.4 and with a maximum ceiling of Rs.20,000/- (Rs. Twenty thousand only) per person per camp. The assistance will be limited to one activity in a block period of two year. Financial Assistance of 100% of programme fee would be provided in a calendar year to two officials of each Ministries/Departments who have been awarded by the Ministry/Department for excellence in service and nominated for the programme.

5.2) **Travel Expenses:** To and fro travel expenses as per the entitlements under Leave Travel Concessions Rules with a maximum ceiling of Rs. 4,000/-

**5.3) Re-reimbursement of Programme fee:**

- (a) 90% for Group 'C' Central Government Employee;
- (b) 80% for Group 'B' Central Government Employee; and
- (c) 75% for Group 'A' Central Government Employee.

5.4) **Equipment Hiring Charges:** Actual hiring charges if the necessary equipment are hired from any Government agency with adequate proof subject to maximum of Rs. 2,000/-.

6. Special Casual Leave will be granted to eligible participants in accordance with Department of Personnel & Training Office Memorandum No. 6/1/1985-Estt. (Pay-I) dated 16th July, 1985 and No. 6/1/85-Estt(Pay-1) dated 7th November, 1988.

7. The interested and eligible Central Government Civil Employees may submit his/her application directly to YHAI & NIMAS (after confirmation from nodal officer of availability of seat) and a copy of the same may be endorsed to Secretary, CCSCSB, Room No-361-B wing, LokNayak Bhawan, Khan Market, New Delhi 110003 and Advance payment for the programme has to be paid directly to the organiser and reimbursement as admissible will be made after successful completion of programme. On completion of said activity, applicant may submit expenditure details (fee receipt & Tickets in original) along with Aadhar Number and Bank Details (Name of Bank, Account Number, IFSC Code and Branch Code) for smooth reimbursement of claim.

8. It is mandatory to submit duly filled check-list along with proforma (Annexed herewith).

9. It is hereby submitted that participants will join the above programme voluntarily and Govt. of India/ CCSCSB will not be responsible for any untoward incident.



(Satyendra Singh)

Secretary (CCSCSB)

Ph: 011 24624204

To

1. Director/Deputy Secretary (Administration) of all Ministries/Department.
2. Copy to: YHAI Chanakyapuri, DELHI 110021
3. Copy to : NIMAS, ArunanchalPardesh

## MANDATORY CHECKLIST

| Sr. No. | ITEM                                                                                          | Yes/No/Info | Page No. |
|---------|-----------------------------------------------------------------------------------------------|-------------|----------|
| 1       | Intimation given to CCSCSB                                                                    |             |          |
| 2       | Date and copy of circular under which programme covered                                       |             |          |
| 3       | Date of circular and serial number of programme in circular (attach a highlighted copy)       |             |          |
| 4       | Application form duly forwarded by Office                                                     |             |          |
| 5       | Special Casual Leave sanction order                                                           |             |          |
| 6       | Group ('A' 'B' or 'C')                                                                        |             |          |
| 7       | Amount of Course fee (enclosed copy/receipt) Amount .....                                     |             |          |
| 8       | Amount of Travel Expenses (ticket enclosed) Amount .....                                      |             |          |
| 9       | Details of Bank Account for reimbursement (Name of Bank, A/C number, IFSC Code)               |             |          |
| 10      | Copy of completion certificate                                                                |             |          |
| 11      | Whether the Scheme of adventure sports is availed in the past, if yes, then mention the dates |             |          |
| 12      | Mobile number and email ID.                                                                   |             |          |
| 13      | Copy of Aadhar Card                                                                           |             |          |
| 14      | Copy of Identity Card                                                                         |             |          |

**Note**

All fields are mandatory. Unavailability of the same may delay settlement of reimbursement claim.

# Scheme for Promotion of Adventure Sports & Similar Activities amongst Central Government Employees

## \*Application From\*

Name of Programme/Institute\* \_\_\_\_\_

1. Name of Applicant\* \_\_\_\_\_

2. Designation\* \_\_\_\_\_

3. Ministry/Department\* \_\_\_\_\_

4. Group of Services with level/Grade  
Pay(revised)\* \_\_\_\_\_

**Paste  
recent  
photograph**

5. Father's Name\* \_\_\_\_\_

6. Date of Birth\* \_\_\_\_\_

7. Address\* \_\_\_\_\_  
\_\_\_\_\_

8. Telephone No. (Mobile)\*1. \_\_\_\_\_ 2. \_\_\_\_\_

9. Landline no.\* \_\_\_\_\_

10. Duration of Programme/Date\* \_\_\_\_\_

11. Amount Claimed\* \_\_\_\_\_

**12. Bank Detail:**

a) Applicant Name in Bank\* \_\_\_\_\_

b) Bank Name\* \_\_\_\_\_

c) Bank Account Number\* \_\_\_\_\_

d) IFSC Code\* \_\_\_\_\_

13. Next of kin to be informed in case of emergency\* \_\_\_\_\_  
\_\_\_\_\_

**\*Mandatory field:**

I \_\_\_\_\_ Understand that the programme may involve serious risk to me. I am undertaking the programme at my own violation cost, risk and consequence

14. I hereby undertake that I will not hold responsible Central Civil Services Culture & Sports Board/ Government of India for any untoward incident/ mis happening.

Date:

Place:

(Signature of Applicant)

Name in Block Letters \_\_\_\_\_

Ministry/Department \_\_\_\_\_

This is to certify that the applicant is a Central Government Employees working in the main Ministry/ Department and information given above is correct. The applicant is medically fit for the adventure activities opted by him/her.

(Welfare Officer)

REQUIRED DOCUMENTS FOR ADVENTURE SPORTS  
REIMBURSEMENT

1. Application form forwarded by Welfare Officer
2. Special Casual leave order
3. Programme fee Receipt
4. Original Travel Ticket/ Boarding Pass
5. YHAI Admit Card
6. Completion Certificate
7. Your Programme Circular Copy
8. Copy of Aadhar Card
9. Copy of Office Identity Card
10. Bank Details (Cancel Cheque/Photocopy of passbook)

**No.125/1/2015-16/CCSCSB**  
**Government of India**  
**Ministry of Personnel, Public Grievances & Pensions**  
**Department of Personnel & Training**

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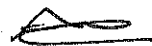
**Lok Nayak Bhawan, New Delhi**  
**Dated 04<sup>th</sup> December, 2015**

**OFFICE MEMORANDUM**

**Sub: Scheme for promotion of Adventure Sports and similar activities amongst Central Government Employees.**

The undersigned is directed to enclose herewith a copy of the Scheme for promotion of Adventure Sports and similar activities amongst Central Government Employees with the request that the contents of the Scheme may please be disseminated amongst the employees who are eligible to avail the benefits of the Scheme.

2. The details of the programmes etc. will be circulated/placed on the website of the Department of Personnel & Training separately.



**(Abhay Jain)**

**Under Secretary to the Govt. of India.**

**Tel:24646961**

**To**

**Director/Deputy Secretary (Administration) of all  
Ministries/Deptt.**

**No.125/1/2015-16-CCSCSB**  
**Department of Personnel & Training**

New Delhi, the 4<sup>th</sup> December, 2015.

**SCHEME FOR PROMOTION OF ADVENTURE SPORTS & SIMILAR**  
**ACTIVITIES AMONGST CENTRAL GOVERNMENT EMPLOYEES**

1. **Background:** The Department of Personnel and Training recognizes that welfare of employees is one of the prime tasks of personnel management and sports activities play an important role in improving their efficiency and morale. Participation by Central Government Employees in adventure sports and similar activities will give them a platform where they would learn lessons from nature and use the knowledge acquired for welfare of the society.
2. **Vision:** To foster spirit of risk-taking, cooperative team work, capacity of readiness, vital response to challenging situations, endurance and environmental awareness.
3. **Mission:** The Mission of the Scheme for promotion of adventure sports and similar activities is to encourage Central Government Employees working in the Ministries/Department of the Government of India to take part in these activities by giving financial assistance and other incentives. The Central Civil Services Cultural & Sports Board, a Society registered under the Society Registration Act, 1860, which is under the aegis and control of the Department of Personnel & Training will be the nodal agency for the Scheme.
4. **Objectives:**
  - (i) The Scheme would tackle the alarming situation of stress and impact of sedentary life on Government servants as highlighted in several studies conducted so far;
  - (ii) It would provide a creative outlet to Central Government Employees;
  - (iii) It would create and foster spirit of risk – taking, cooperative team work, capacity of readiness and vital response to challenging situations and of endurance;
  - (iv) Central Government Employees would be prepared for better Disaster Management; and
  - (v) Environmental awareness would be inculcated amongst the Central Government Employees.
5. **Scope of the Scheme:** The scope of the Scheme is limited to Central Government Employees working in the Ministries/Departments of Government of India. It will also be limited to the programme run

by Institutes/Organizations approved by the Department of Personnel & Training.

6. **Activities to be sponsored and Institutes:** The Department of Personnel & Training will sponsor programmes of 5-7 days duration to be organized by the Institutes/Organizations listed at **Annex-I**. The programme will have components of environmental awareness, disaster management, team spirit, capacity building, and Swachhh Bharat Campaign. The activities under the programme will be Trekking, Mountaineering, Rock-Climbing, Cycling in a difficult terrain, Skiing, Surfing, Boat Sailing, Snorkeling, Rafting, Para Sailing, Ballooning, Para Gliding, Jungle Safari/Trekking, Desert Safari/Trekking, Beach Trekking and Environmental Awareness Camps etc. A Calendar of the programmes admissible under the Scheme will be circulated by the Department of Personnel & Training from time to time.

## 7. **Financial Assistance and other incentives:**

- 7.1 The Department of Personnel & Training will provide financial assistance to the eligible Central Government Employees for the programme of approved activities and conducted by the Institutes listed in **Annex I**.
- 7.2 Financial assistance will be in the form of reimbursement of Travel Expenses, programme fee and Hiring Charges of the equipments as per the terms and conditions specified in paragraph 7.3 and with a maximum ceiling of Rs.20,000/- (Rs. Twenty thousand only) per person per camp. The assistance will be limited to one activity in a block period of two year. Financial Assistance of 100% of programme fee would be provided in a calendar year to two officials of each Ministries/Departments who have been awarded by the Ministry/Department for excellence in service and nominated for the programme.
- 7.3 The following Heads are admissible for financial assistance under the Scheme:
- i) To and fro travel expenses as per the entitlements under Leave Travel Concessions Rules with a maximum ceiling of Rs. 4,000/-;

ii) Re-imburement of Programme fee:

- (a) 90% for Group 'C' Central Government Employee;
- (b) 80% for Group 'B' Central Government Employee; and
- (c) 75% for Group 'A' Central Government Employee.

iii) Actual hiring charges if the necessary equipment are hired from any Government agency with adequate proof subject to maximum of Rs. 2000/-.

7.4 Special Casual Leave will be granted to eligible participants in accordance with Department of Personnel & Training Office Memorandum No. 6/1/1985-Estt.(Pay-I) dated 16<sup>th</sup> July, 1985 and No. 6/1/85-Estt(Pay-I) dated 7<sup>th</sup> November, 1988.

**8. Procedure for availing benefits of the Scheme:**

- 8.1 The Central Government Employee will register himself with the Institute/Organization for the approved programme and make payment for it. He/she will simultaneously also submit his/her application to Central Civil Services Cultural & Sports Board duly forwarded by the Welfare Officer of their respective Ministry/Department.
- 8.2 The Ministry/Department will forward nominations of officials who have been awarded by the Ministry/Department for excellence in service and eligible for Financial Assistance of 100% of programme fee.
- 8.3 The Welfare Officer of the Ministry/Department in each case will certify that the recommended official is a Central Government employee working in the main Ministry/Department and medically fit for the adventure activities opted by him.
- 8.4 The financial assistance will be given on successful completion of the programme and submission of participation certificate to the Central Civil Services Cultural and Sports Board.

**9. Flexibility to expand the scope:** The Department of Personnel & Training will reserve the rights to modify the scheme, addition or deletion of activities, Institutes/Organization, change in pattern of financial assistance and other conditions of the Scheme without any prior notice.

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**ANNEX I****LIST OF APPROVED INSTITUTES/ORGANISATIONS FOR SCHEME FOR  
PROMOTION OF ADVENTURE SPORTS AND SIMILAR ACTIVITIES  
AMONGST GOVERNMENT EMPLOYEES**

1. Nehru Institute of Mountaineering, Uttarkashi, Uttarakhand.  
(Recognized by Ministry of Defence and Government of Uttarakhand)
2. Atal Bihari Vajpayee Institute of Mountaineering and Allied Sports,  
Manali, Himachal Pradesh. (Government of Himachal Pradesh)
3. Indian Institute of Skiing & Mountaineering, Department of  
Tourism, Gulmarg, Jammu & Kashmir. (Ministry of Tourism)
4. National Institute of Water Sports, Vasco da Gama, Goa. (Ministry  
of Tourism)
5. Swami Vivekanand Institute of Mountaineering, Mount Abu,  
Rajasthan. (Government of Gujarat)
6. Garhwal Mandal Vikas Nigam Ltd, Dehradun, Uttarakhand.  
(Government of Uttarakhand)

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